



To Prepare for your TELEHEALTH visit, choose one of the following methods to record a baseline Visual Acuity. Make sure to have adequate lighting and a partner to help if possible. Make sure to wear distance correction (glasses or contacts if applicable) for all methods of testing.

METHOD 1: For computer/smartphone users that do not have a 10 foot room available:

1. Go to: <https://www.mdcalc.com/visual-acuity-testing-snellen-chart>
 2. Have a partner hold the screen at 4 feet (1.2m) from you. This is approximately the end of a standard hospital bed if the patient is sitting upright.
 3. Test each eye independently by gently and completely covering the opposite eye.
 4. Read the lowest and smallest line with the majority of letters correctly identified and record this for each eye.
 - a. For example, If you read 5 out of 8 correct on line 9, record 20/20.
 - b. Have this information available to discuss with your Doctor during your Telehealth visit.
- If you are unable to read any of the letters on the chart, the person checking vision should hold up fingers at varying distances and assess whether you can count them; this is recorded as counting fingers (CF) vision (e.g. CF at 4 feet, 1.2 m).
 - If you cannot count fingers, the person checking vision should move his/her hand across your field of vision to assess whether you can see this; this is recorded as hand motion (HM) vision.
 - Finally, if you are unable to see hand movements, a penlight should be swept across your eye to assess whether you can tell when the light is pointed at your eye. If you are able to identify when the light is pointed at your eye, this is recorded as light perception (LP) vision. If you are unable to identify the light, this is recorded as no light perception (NLP) vision.

METHOD 2: For computer/smartphone users: *(Insert video here, feel free to use my example sent)*

1. You will need at least a 10 foot room and a credit card for this method. It is easier to do with a partner.
2. Go to: secouniversity.com/acuity/
3. Align your credit card vertically to match the image on the screen.
 - a. Your chart is now calibrated for 10 feet
4. Measure and stand at a spot 10 feet from the screen. Make sure to place your computer at eye level or have a partner hold his/her smartphone at eye level.
5. Test each eye independently by fully and gently covering one eye at a time. You will need to use your arrow keys on the computer to scroll the screen without adjusting your original credit card size. If on a smartphone, your partner will have to move the screen back and forth and up and down as you read the letters without adjusting the size of the credit card.

- a. Go to the lowest and smallest line that you can see the majority of letters. For example: If you got 5 out of 8 letters on line 9, you would record 20/20. Record each eye's result to discuss with your Doctor at your Telehealth visit.

METHOD 3: Printable VA chart

1. Go to: *(Attach printable sheet here in a link) For instance: <https://visionsource-sisson-boyer.com/wp-content/uploads/sites/80/2020/03/Telehealth-Visual-Acuity-Chart.pdf> is a chart that can be used for this. We may want to customize our own name using a PDF chart similar to this).*
2. Print the chart.
3. You will need a well lit room at least 10 feet long.
4. Measure 10 feet from the wall you have selected to tape or pin the chart. You will stand 10 feet from the chart to test vision.
5. Test each eye independently by fully and gently covering one eye at a time. Go to the lowest and smallest line that you can see the majority of the letters. For example: If you got 5 out of 8 letters on line 9, you would record 20/20. Record each eye's result to discuss with your Doctor at your Telehealth visit.

METHOD 4: Download any of these apps and follow instructions for specific distance or near testing

1. Smart Optometry
2. EyeChart
3. EyeCuity (Near vision card if need near vision testing)

METHOD 5: Newspaper and license option for near visual acuity testing (Used if none of the above are available).

1. See if you can read the print on a newspaper
2. See if you can read the print on your license

If an Amsler Grid is needed for specific patients as discussed when making your appointment, go to: <https://www.macular.org/amsler-chart>

Consent form: Be sure to fill out our Telehealth Patient Informed Consent form before your call. Do we have this somewhere?